# Patient Participation Group Meeting 12th March 2013

Date: 12.3.13

Venue: Roundhay Road Surgery

Attendees: HK, AS, ML, SB, SU & NC

Apologies/Did not attend: UT, NA, RK & JM

Staff Members: KL, AR, NR, KLW & RH

Chair Person: NR

The breakdown of the members of the PRG and their backgrounds

are:-

### Age group Gender Ethnicity Health Groups

1 aged 20 to 30 4 males Bangladeshi Patient with long term conditions

2 aged 31 to 40 7 females Chinese Diabetic

2 aged 41 to 50 Indian

3 aged 51 to 60 White

British

1 aged 61 to 70 Pakistani

2 aged 71 and above

## **Comments & Suggestions**

Pilate classes are up and running every Wednesday 4 -5pm. ML – commented that the pilate classes is a good way to get fitter

and one of the best things that has happened here.

AR – suggested to let the health trainer know so she can motivate

and make patients aware that we are holding pilate classes. KL – will do a notice board to put up in the waiting area so

patients can be aware of the pilate classes.

ML – suggested patients to pay in advance for the whole month.

KL suggested making use of the backyard of the surgery for patients to grow fruit & vegetables. To use as an allotment once

the backyard has been cleared up.

ML – suggested advertising and seeing how many people will be

interested.

SU – commented to clear up the backyard first so when patients

come to see the backyard it is appealing to them.

AR - suggested if the backyard can be presentable by the healthy

food day so patients can see whilst they are here.

Healthy food day will be taking place on 1/6/13 between 12pm –

2pm

NC will demonstrate okra & spinach on healthy food day HK will make chick peas & potato

NR to make lentils

AS will make & demonstrate chicken curry

SU will make fish

KL will make a list of who will be attending.

#### A.O.B

ML would like the surgery wallpapers removed and lighting to be

changed.

SU suggested changing the colours of the door.

AS to get quotes on wallpaper removal.

#### Date of Next Meeting 01/06/13